



Learning and Life Skills Program

Preparing young adults for
lifelong learning and accomplishments



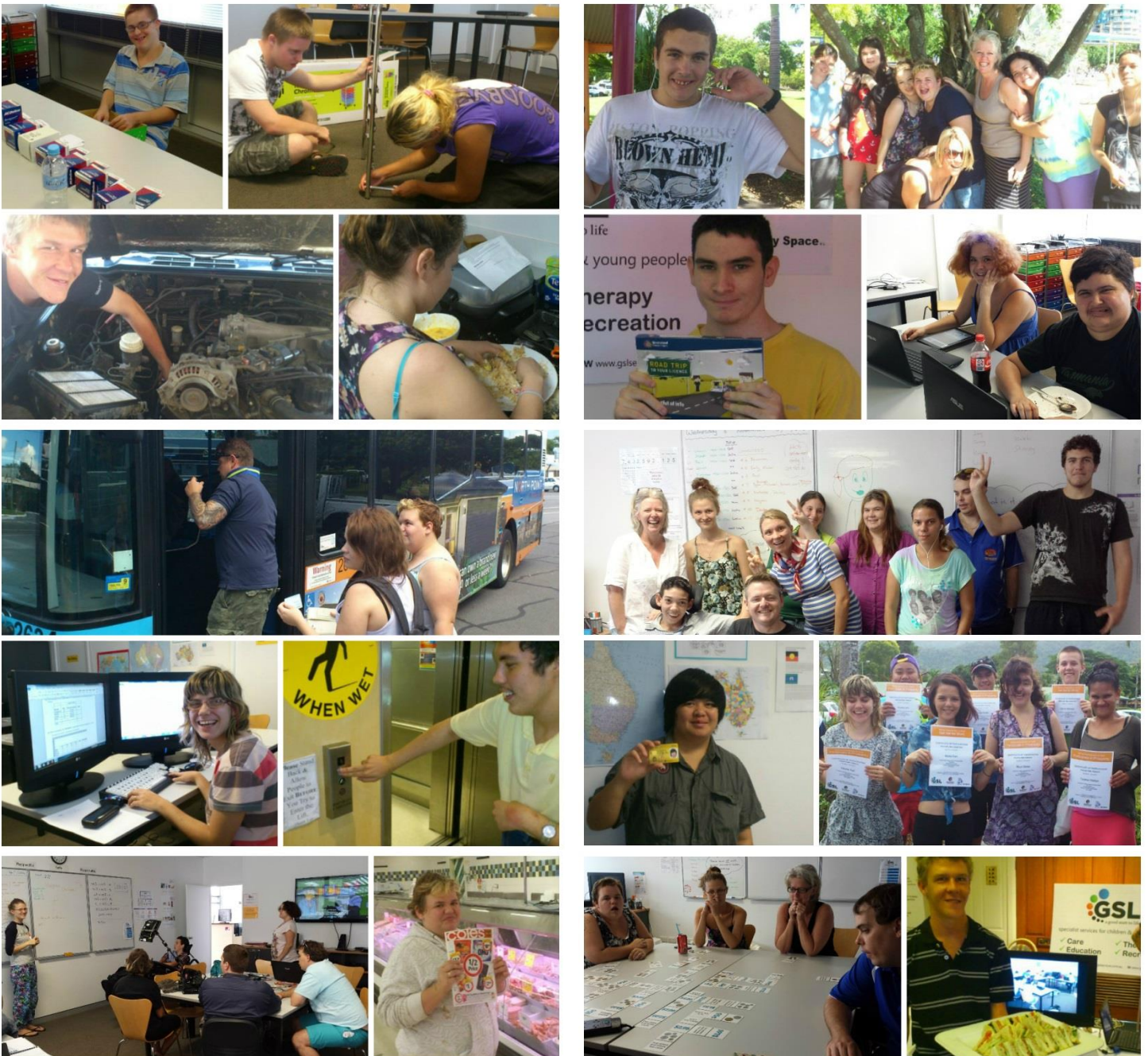
Further information:

T 4031 0123 **E** lyndsey@gslservices.com.au **W** gslservices.com.au

A 1/196 McCormack St, Manunda **W** gsllearningandlifeskills.weebly.com



What does the program look like?





Who will work with me at GSL?



Rudolf
Teacher



Libbi
Community Engagement



James
Provisional Psychologist



Lisa
Graduate Psychologist



Nettie
Administration Manager



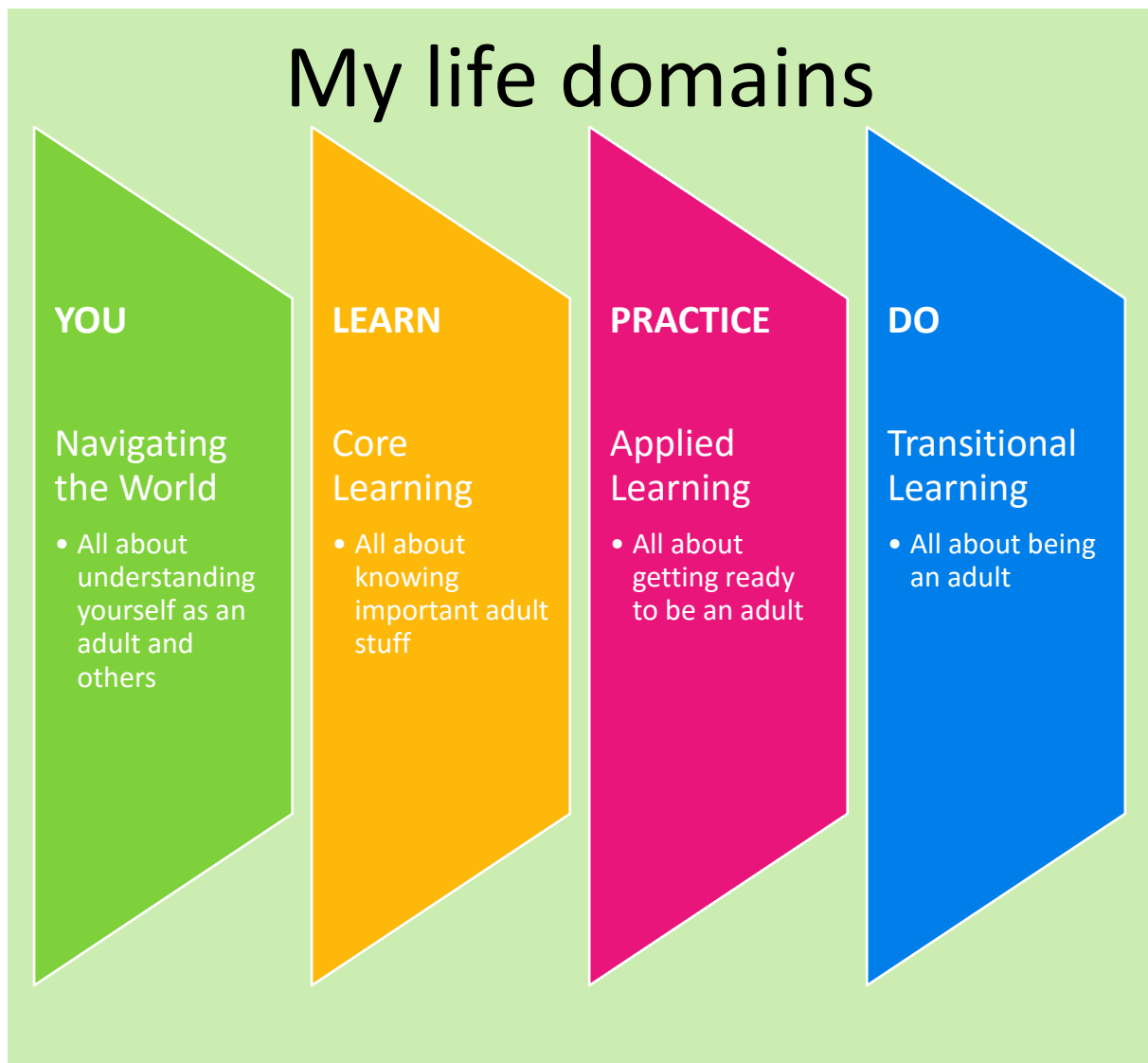
Ryan
Information Technologies



Lyndsey
Director



How is the program structured?





How does the program structure work?

Your GOAL			
<p>You want to work on something that is important to you:</p> <ul style="list-style-type: none"> • Something new you want to learn • Something you want to get better at • Something you want to keep doing 			
<p>Example: Get Learner Driver Permit</p>			
YOU	LEARN	PRACTICE	DO
<p>As you work through LEARN, PRACTICE and DO we work on:</p> <ul style="list-style-type: none"> • Distractions • Boredom • Frustration • Resilience • Self-discipline • Confidence • Independence 	<p>To do the tests we work on:</p> <ul style="list-style-type: none"> • Using the computer • Reading questions • How to answer multiple choice answer • Kilometres • Metres • Time • Speed 	<p>You work on getting better and better at:</p> <ul style="list-style-type: none"> • Online tests • GSL booklet tests • Recording answers 	<p>When you get 30/30 on each test you:</p> <ul style="list-style-type: none"> • Fill in the forms • Sit test at Queensland Transport



What do clients say about the GSL program?

Question - What you really like?

Safe to come to GSL.

I've enjoyed working together as a team.

I've enjoyed using the computer and how to use Microsoft Office

The support network. Everyone here is accepting.

Learner driver, now getting 30/30. I know the road rules. Now I can do the test.

Learning about how to do resume properly.

Question - How have you changed?

I was shy but not now.

Now I feel like a man: staying at work, using money, able to do inside and outside work.

Try to catch the bus by myself. I know about the ticket.

Able to order and catch a taxi by myself.

I will use what I have learned here; fractions and percentages when I go shopping.

Feeling more confident – to get work. I'm not worried about asking questions.

Learned about manners in the workplace.

I have learned valuable and very useful skills through social skills training to independence as well as it has all engaged me into thinking much more clearly and rational about life.



Where can I get more information?

The GSL Learning and Life Skills Website

gsllearningandlifeskills.weebly.com



The GSL: a Good Start to Life Website

gslservices.com.au

